

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 9:00 Safeway Shopping 9:30 Cardio Fitness w/ Shawna 10:30 Menlo Park Errands 1:00 Bridge 3:00 Karaoke Singing 3:00 Ice Cream Social 7:00 Evening Movie	2 Medical Appt. Transportation 9:30 Block Walk 1:00 GWI Resident Store 1:30 Wal-Mart Shopping 3:00 Matinee Movie in the Theater 3:00 Ice Cream Social 7:00 Evening Movie	3 9:30 Chair Exercise 10:30 Golf & Bowling Wii Sports 2:30 Bingo 3:00 Ice Cream Social 4:00 Happy Hour w/ Steven Gary	4 10:00 Furry Friends Pet Visit 10:30 Memory Game 11:30am-1pm 4th of July BBQ 2:00 Black Jack (card room) 3:00 Ice Cream Social 7:00 Evening Movie
5 9:15 Church Shuttle 11:15 Catholic Church Service 1:30 Scenic Drive 3:00 At the Piano w/Beverly 3:00 Ice Cream Social 7:00 Evening Movie	6 Medical Appt. Transportation 9:30 Chair Yoga w/ Shawna 10:00 Resident Council & Food Committee 11:15 Catholic Rosary 1:00 Bridge 1:00 Tai-Chi w/ Michael 3:00 Ice Cream Social 7:00 Evening Movie	7 Medical Appt. Transportation 9:30 Chair Exercise 10:30 Memory Game 1pm-2pm GWI Resident Store 2:00 Nail Painting w/ Maria G. 3:00 Ballroom Dancing with Olivia (Theatre) 3:00 Ice Cream Social 7:00 Evening Movie	8 9:00 Safeway Shopping 9:30 Cardio Fitness w/ Shawna 10:30 Menlo Park Errands 1:00 Bridge 1:00 Book-Warehouse Book Fair 3:00 Karaoke Singing 3:00 Ice Cream Social 7:00 Evening Movie	9 Medical Appt. Transportation 9:00 Walking & Wellness Program 10:30 Picnic @ San Mateo Japanese Tea Garden 2:00 GWI Resident Store 1:30 Woodside Plaza 3:00 Ice Cream Social 3:00 Bowling 7:00 Evening Movie	10 9:30 Chair Exercise 10:30 Golf & Bowling Wii Sports 2:30 Bingo 3:00 Ice Cream Social 4:00 Happy Hour w/ Elliot 7:00 Evening Movie	11 10:00 Trivia 2:00 Black Jack (card room) 3:00 Entertainment w/ The Murphy Family Band 3:00 Ice Cream Social 7:00 Evening Movie
12 9:15 Church Shuttle 11:15 Catholic Church Service 1:30 Scenic Drive 3:00 Ice Cream Social 7:00 Evening Movie	13 Medical Appt. Transportation 9:30 Chair Exercise 11:15 Catholic Rosary 1:00 Bridge 1:00 Tai-Chi w/ Michael 3:00 Ice Cream Social 7:00 Evening Movie	14 Medical Appt. Transportation 9:30 Chair Exercise 10:30 Memory Game 1pm-2pm GWI Resident Store 2:00 Nail Painting w/ Maria G. 3:00 Drawing Class w/ Kevin 3:00 Ice Cream Social 7:00 Evening Movie	15 9:00 Safeway Shopping 9:30 Chair Exercise 10:30 Menlo Park Errands 1:00 Bridge 3:00 Karaoke Singing 3:00 Ice Cream Social 7:00 Evening Movie	16 Medical Appt. Transportation 9:30 Block Walk 1:00 Resident General Meeting 1:30 Town & Country Shopping 2:00 GWI Resident Store 3:00 Ice Cream Social 3:00 Matinee Movie in the Theatre 7:00 Evening Movie	17 9:30 Chair Exercise 10:30 Golf & Bowling Wii Sports 2:30 Bingo 3:00 Ice Cream Social 4:00 Happy Hour w/ Larry 7:00 Evening Movie	18 10:00 Memory Game 2:00 Black Jack (Card room) 3:00 Ice Cream Social 7:00 Evening Movie
19 9:15 Church Shuttle 11:15 Catholic Church Service 1:30 Scenic Drive 3:00 Ice Cream Social 3:00 At the Piano w/Tony 7:00 Evening Movie	20 Medical Appt. Transportation OUT TO THE MOVIES 9:30 Chair Exercise 11:15 Catholic Rosary 1:00 Bridge 1:00 Tai-Chi w/ Michael 3:00 Ice Cream Social 7:00 Evening Movie	21 Medical Appt. Transportation 9:30 Chair Exercise 10:30 Memory Game 1pm-2pm GWI Resident Store 2:00 Nail Painting w/ Maria G. 3:00 Drawing Class w/ Kevin 3:00 Ice Cream Social 7:00 Evening Movie	22 9:00 Safeway Shopping 9:30 Cardio Fitness w/ Shawna 10:30 Menlo Park Errands 1:00 Bridge 3:00 Residents Birthday Celebration w/ Maddaline 3:00 Ice Cream Social 7:00 Evening Movie	23 Medical Appt. Transportation 9:00 Walking & Wellness Program 1:00 GWI Resident Store 1:30 Target/ Marshall Shopping 3:00 Ice Cream Social 3:00 Bowling 7:00 Evening Movie	24 9:30 Chair Exercise 10:30 Golf & Bowling Wii Sports 2:30 Bingo 3:00 Ice Cream Social 4:00 Happy Hour w/ Bayanina Music Group	25 10:00 Trivia 2:00 Black Jack (Card room) 3:00 Entertainment w/Beverly 3:00 Ice Cream Social 7:00 Evening Movie
26 9:15 Church Shuttle 11:15 Catholic Church Service 1:30 Scenic Drive 3:00 Ice Cream Social 7:00 Evening Movie	27 Medical Appt. Transportation 9:30 Chair Yoga w/ Shawna 11:15 Catholic Rosary 1:00 Bridge 1:00 Tai-Chi w/ Michael 3:00 Ice Cream Social 7:00 Evening Movie	28 Medical Appt. Transportation 9:30 Chair Exercise 10:30 Memory Game 1pm-2pm GWI Resident Store 2:00 Nail Painting w/ Maria G. 3:00 Drawing Class w/ Kevin 3:00 Ice Cream Social 7:00 Evening Movie	29 9:00 Safeway Shopping 9:30 Cardio Fitness w/ Shawna 10:30 Menlo Park Errands 12:30 Little House Kultur Movies ft. Charles Gounod's FAUST 1:00 Bridge 3:00 Ice Cream Social 7:00 Evening Movie	30 Medical Appt. Transportation 9:30 Block Walk 1:00 GWI Resident Store 1:30 Dollar Store Shopping 3:00 Matinee Movie in the Theater 3:00 Ice Cream Social 7:00 Evening Movie	31 9:30 Chair Exercise 10:30 Golf & Bowling Wii Sports 2:30 Bingo 3:00 Ice Cream Social 4:00 Happy Hour w/ Beverly McSween 7:00 Evening Movie	

JULY 2009